

Living the Lesson - November - Trinity

Due by November 30th

Number of Catechesis Hours: 3

In November classes, students are focusing on the Holy Trinity, the Holy Family, and living in community together. You can submit your completed activities by **November 30th**. Please include a photo of your family participating in the activity along with a brief description of your experience.

The Holy Trinity is the central mystery of the Christian faith and life. We pray “in the name of” the Father, the Son, and the Holy Spirit, and we “pray to” the Father, Son, and Holy Spirit.

The word Trinity may not appear in Scripture, but the Gospel according to Matthew does end with Jesus’ command for the disciples to baptize “in the name of the Father, and of the Son, and of the holy Spirit” (Matthew 28:19). The early Church testified to the power of the Trinity in prayer and in their use of the Sign of the Cross.

Tertullian said, “In all our travels and movements, in all our coming in and going out, in putting on our shoes... in lying down, in sitting down, whatever task occupies us, we mark our forehead with the sign of the cross.”

Saint John Chrysostom said, “Never leave your house without making the sign of the cross. It will be to you a staff, a weapon, an impregnable fortress. Neither man nor demon will dare to attack you, seeing you covered with such powerful armor. Let this sign teach you that you are a soldier, ready to combat against the demons, and ready to fight for the crown of justice ...”

In Baptism we “put on Christ.” We clothe ourselves in Christ and wear the Sign of the Cross.

God is love, and he creates within us a desire to be in union with him and with others. We are created in the image of God, meaning in the image of the Trinity. The Trinity reveals for us the love of the family through the love between the Father, the Son, and the Holy Spirit. We are meant to mirror the love of the Trinity in our own relationships. The Holy Family most perfectly demonstrates the love of the Trinity. As St. Augustine said, “we walk together toward Christ.” We are baptized into the communion of Trinity and into our faith community.

Matthew 28:16-20

“The eleven disciples went to Galilee, to the mountain to which Jesus had ordered them. When they saw him, they worshiped, but they doubted. Then Jesus approached and said to them, ‘All power in heaven and on earth has been given to me. Go, therefore, and make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the holy Spirit, teaching them to observe all that I have commanded you. And behold, I am with you always, until the end of the age.’”

From Pope Francis: [The Trinity inspires us 'to live with others and for others'](#)

Here are some family activity ideas:

- Prayer box
 - Throughout this month, write one (or more) prayer(s) on strips of paper. The prayer could be for someone in your family or faith community, someone who has fanned your faith, or someone who needs prayers for a stronger faith. Place these prayers at the cross (or in a basket, box, or dish) in your prayer space, and review these prayers on Sundays as you attend Mass. When we are called upon to offer prayers for others, or when we pray for the intentions in our heart, remember these prayers.
- Gratitude jar: <https://www.pbs.org/parents/crafts-and-experiments/give-thanks-with-a-gratitude-jar>
 - Creating a gratitude jar is a wonderful and easy way to help your child acknowledge the things that they are thankful for! This gratitude activity for kids helps them identify the things or people that they appreciate every day.
- Make intentional prayer time together
 - Together as a family, make the Sign of the Cross, recognizing the power of calling upon God the Father, God the Son, and God the Holy Spirit, and remembering the communion we are baptized into, the Holy Trinity, and those who are part of our faith community and our families.
- Pray Matthew 28: 16-20 together. How can you live out your baptismal promises? Recall details of your children's Baptisms. Talk to your children about their Baptism and how it was special. Why was it important to you to have them baptized?
- Participate in the Thanksgiving collections at the parishes
- Turkey Trot
 - Participate or volunteer: <https://baldwinsvillekiwanis.com/turkey-day-race/>
 - Collect items for the food drive: <https://www.stmarysbbville.org/tdr-food-drive>
- Veterans Day is November 11th - recognize the Veterans in your family or in the community.
 - [Craft and Activity ideas from Wounded Warrior Project](#)
 - [Thank you notes and activities](#)
 - [Veterans Day Crafts, Projects, Worksheets, Books, and Printout](#)

Please submit your completed activities by **November 30th**. Please include a photo of your family participating in the activity along with a brief description of your experience.

St. Augustine/St. Mary - Please send to Amanda - adarcangelo@syrdio.org

St. Elizabeth Ann Seton - Please send to Julie - jmoss@stelizabethbbville.org